

katharine
house
hospice

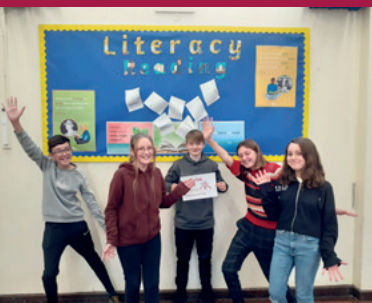


embracing life and living

YOUR
LOCAL
HOSPICE



This is **Katharine House**
Here when you need us



Registered charity number 110712

Katharine House Hospice

is a local charity. We provide specialist care for the people of Mid-Staffordshire who have a terminal illness and provide support for their families. Our patients have a wide range of conditions including cancer, motor neurone disease, renal and heart failure. It costs £3million per year to run our services and all of our care is provided free of charge to our patients and their families. As Katharine House is a local charity we rely heavily on the support of our community to raise the majority of the money needed.

Our Care

At Katharine House we adopt a holistic approach to care, this means that we look at the whole person, including their mental well-being and any social factors such as housing, money issues and family dynamics. We provide support for all of their needs as well as the symptoms of their illness.



Our main services

In-Patient Unit - We have two bays on our in-patient unit and also private rooms with en-suite, all of which open out onto our beautiful gardens. Patients will come to stay on IPU for up to 2 weeks for pain and symptom control, respite or end of life care.



- **At Home Service** - The Hospice at Home team provide a 24 hour rapid response service. The purpose is to provide help and support for people in their own homes at the end of their life.
- **Family support services** - When a person is diagnosed with a terminal illness it has an impact on their entire family. We offer counselling and support for patients and their families.
- **Lymphoedema Clinic** - Lymphoedema is swelling of the limbs caused by a build up of fluid under the skin. It is a chronic condition and can be related to the treatment given for cancer. Our Lymphoedema service helps patients to manage Lymphoedema that is related to their illness or their treatment.
- **Day Therapies** - Our Day Therapy unit has not re-opened since it closed due to the pandemic. We are supporting our patients and families by telephone and zoom. We are using this opportunity to review this service and how we might improve it to better meet the needs of our community.

Did you know?

- All of the meals for our patients are freshly prepared by our cooks
- Saturday night takeaway's are a regular occurrence
- Patients can enjoy their favourite alcoholic drink
- We have hosted movie nights, weddings, christenings, sleep overs, date nights
- Pets are welcome to visit
- We often have entertainment at the Hospice and organise trips out
- No restriction on visiting hours (except during a pandemic!)
- 50% of people who stay on IPU go home again
- 87p in every £1 is directly used for patient care



Gary, one of our cooks

Patient story - Alison Buckley

What does Katharine House mean to me? It's changed my life...



'The first time I was approached about coming to stay at Katharine House I thought, **Oh no, Katharine house, it's a Hospice. Isn't it for old people and dying?** I did actually think then, this is it, this is me, I'm going to die here. But it wasn't anything like that.

Before I went to stay on the in-patient unit, my day was spent coughing uncontrollably all day long. I couldn't even say a sentence, I couldn't talk. I came to Katharine House and the kindness, support and knowledge of the medical team means that I can talk now without coughing.

They changed my medication and now **I've got quality of life to spend with my family and friends and do the stuff that I want to do for as long as I have left.** That's why there's nothing to be afraid of coming into Katharine House. It's actually a gift to come into Katharine House.'

Below there are some ideas on how you can get involved and help to support the services provided by Katharine House. However you can help, you will make such a big difference to local families going through a difficult time. Thank you.

Do something amazing!

- Set up a monthly donation
- Join our lottery
- Fundraise in memory of a loved one
- Participate in our events and appeals
- Do your own thing. A walk, run, cycle ride or even a head shave
- Support Katharine House at your place of work
- Fundraise in your community
- Fundraise in school
- Shop in our charity shops or donate your unwanted items
- Volunteer – We are always looking for volunteers, not just to fill existing roles, but if you have a skill or a talent that you think would help the Hospice please do get in touch.
- Leave a gift in your will

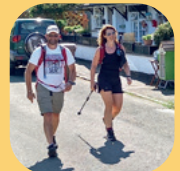
amazing things...



King Edwards IV High School had a Mufti day.



Warren Backhouse and his team of 9 runners ran 15 miles from the Morris Man in Stafford to Bet 365 stadium in Stoke.



Jason and Josie completed a 60 mile walk of Staffordshire canal walk.



Staff from HSBC donated their time to tidy up the Hospice Celebration Garden.



Alex Ward and friends completed 45 days of sponsored art which was displayed in an outdoor art exhibition in Colwich.



The village of Ranton had a plant sale to raise funds.

If you would like more information you can visit our website www.khhospice.org.uk to download a fundraising pack or call **01785 270808** and request one.

If you follow Katharine House on social media we will keep you informed of how you can help.

