

YOUR HOSPICE

Newsletter Autumn 2023



**News and
updates from
your local
hospice**

Welcome to our Autumn Newsletter.

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“I’ve never met such caring people”

Pam and Pat's story



Pam met her husband of more than 60 years when she was in her teens. “There was something about Pat, he had a mop of black hair, was from Glasgow and found everything funny,” she says. “He was an amazing character and on the small Stafford estate where we lived, everybody knew us. Pat had a great sense of humour and made everybody laugh, even towards the end.”

The pair had five sons, 13 grandchildren and 14 great grandchildren and it was two of his granddaughters that first noticed something was wrong with his health. When Pat was first diagnosed with stomach cancer he stayed at home however Pam soon struggled and they were put in touch with us.

“Pat said he wanted to go there and was over the moon when he arrived. He was just so happy there even though he knew he hadn’t

got long. It’s a completely different atmosphere when you get to the hospice, you don’t feel like it’s a place to die. I visited every day and the staff did what they could do for him. Katharine House made a tremendous difference, it gave us peace of mind knowing he was being looked after.

“You couldn’t be in a more caring place, staff go above and beyond and are amazing people. There’s just something about the nurses there, patients are treated well and cared for like friends. I call them angels on earth, I’ve never met such caring people. I’d like to say a great big thank you, I’ll never forget what they did for Pat and we’ll do what we can to support the charity in return. It’s the care that everybody should be able to get.”

Thank you!

Your support helps us to continue to offer **free** care when it's needed most.



Volunteering

Our volunteers mean so much to us, donating over 41,000 hours of their precious free time week in week out and helping our shops raise more than £1.5 million profit last year.

Each week, they help stock around 38,000 items in our shops and man our tills selling more than 20,000 items.

Susan volunteers two mornings a week at our Eccleshall shop and decided to get involved after retiring.

“At first, I thought I’d just volunteer for one winter but I’ve been here eight years now. I’m recycling mad and I think charity shops are brilliant for that, all these items could end up in landfill otherwise,” she says.

Susan, shop volunteer

“I’m mainly in the front of the shop and I like talking to the customers most. **Volunteering is like giving back to everybody, the charity and the community. Whatever time you can offer helps.**

“There can be a stigma to charity shopping but there shouldn’t be, it helps the environment and your pocket.

“I know where the money I help raise goes and who knows, I may need their care one day.”

Eccleshall shop manager Mel

added: “We have more volunteers than paid staff and we wouldn’t be able to get the stock out that we do without them.

“There’s so much they can help with and they are extremely valued members of staff, I can’t tell you how much we rely on them.”

The roles available are as varied as the individuals who support us and there’s plenty of flexibility too, with no experience necessary.

Mel, shop manager

Want to find out more?

We have lots of volunteering opportunities with our retail team where you can learn new skills, meet new friends and make a difference. Email voluntaryservices@khhospice.org.uk or call 01785 254645 to find how you can help us in our stores.

Remember someone special

Honour a loved one's life with our in memory giving

Let your loved one's memory live on while helping local families

Our free, online tribute funds

MuchLoved tribute funds never expire and give you many different ways to remember and honour your loved one including:

- Naming your page in memory of your loved one
- Adding photos, videos, stories and music
- Friends and family can post messages of love and support
- Collecting donations to make a difference
- Lighting candles to mark special dates and anniversaries



Heart of Memories

For loved ones forever in our hearts.

As the universal symbol for LOVE, this incredible piece of art was handcrafted by local sculptor Neil Wood and inspired by the love that we see every day.

Capture memories, share sentiments and dedicate an engraved heart with words to your loved ones.

Our stunning Heart of Memories is on display in our hospice gardens for all to be able to come and reflect and remember.

Find out more about leaving a gift in memory
www.khhospice.org.uk/giving-in-memory



Get involved

Fundraise

Organise a coffee morning, sell plants, run a marathon, jump from a plane or ask for donations for your birthday, there are so many ways to help us care. Find fundraising inspirations below and on our website.



Lottery

Play the Local Hospice Lottery for us and you could win £2,000 every single week – along with 200 other cash prizes and a rollover that can reach £25,000! www.khhospice.org.uk/lottery

Shop

Have you visited our eBay store online or one of our many charity shops in your local area? Stocked with quality preloved items from homeware, fashion, furniture, bric-a-brac and more, use your eagle eye to find something you love for a bargain price or maybe even a designer piece or amazing antique.

Donate

Why not have a clear out? We urgently need your furniture, electricals, large items and more.

Book your free furniture collection here
www.khhospice.org.uk/free-furniture-collection



Gift Aid

Gift Aid your donations to us and for every £1 raised, we claim an extra 25p. You raised over £286,000 for us to care last year by simply giftaiding your donations.

Events

Will you make a difference and help us continue providing free care for local families? Find out more about our upcoming events by contacting

01785 270808 or events@khhospice.org.uk



21 October, 9 December, 20 April 2024 and May 4 2024

Dare you? Free fall through the clouds on a tandem parachute jump from over 10,000 feet!!

Dry January 2024

Save money, get great health benefits (and possibly better sleep) while raising funds for us to care.

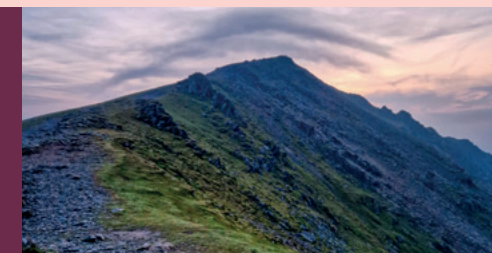


24 – 30 March 2024

Venture off the beaten path on this remarkable five-day Arctic Circle wilderness ski expedition into east Lapland.

May 2024 onwards

Stomp through pure darkness to reach Snowdon's summit at sunrise before returning to Llanberis for a hearty full Welsh breakfast.



May 2024 onwards

Join our eight-day exclusive Kilimanjaro Challenge and conquer the 20,000 foot high summit.



**Our care is free
and provided where
and when it is
needed most –
in the community,
at home, or at
our hospice.**



Scan to give

Support us today



khospice.org.uk/donate



01785 270808



**Katharine House Hospice, Priestly Court,
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(no cash in the post please).

Thank for your support!

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