



Your Hospice

Newsletter 2025

Catch up with our latest news and events.
Discover how you are helping us care for families who need us.



Inside:
Our patient
Victoria's
surprise as
diving dream
comes true

Kindly sponsored by



www.khhospice.org.uk

Welcome to our newsletter



Here are some highlights of our 35-year anniversary.

Inside you'll find news and stories from across our charity and how your ongoing support helps us help others.

And our biggest event, Walk to Remember, is back again so do sign up to walk with us and remember our loved ones at Shugborough Estate this September!

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Care for a Cuppa 35



Since 1989 we have helped almost 30,000 local people with specialist care at home and at our hospice. And we couldn't have done this without you – our amazing community. **Thank you.**

We're asking you to join us in celebrating this amazing achievement by hosting a **Care for a Cuppa 35** event.

Whether it's a tea party, a coffee morning or a prosecco picnic, register online to get your free fundraising pack, containing everything you need to make your event a success.



For further details visit:
www.khhospice.org.uk/cuppa
or call our Fundraising Team on **01785 270808**

Victoria's dream comes true

Victoria, a former scuba diving instructor, was diagnosed with Parkinson's disease four years ago and thought she would never dive again.



It was such a wonderful surprise. The dive exceeded all expectations. When I was under the water, I didn't feel ill. My legs worked, my arms worked, my breathing worked. It was totally awesome.

Victoria



“

Seeing the joy on Victoria's face when I told her we had managed to arrange a scuba dive was fabulous. To help her do something that she thought she would never be able to do again was lovely.

**Outpatient Care Lead,
Cathy Browning**

While receiving our care, she revealed her passion for scuba diving and her wish to dive with her brother. This inspired our staff to do something special with the help of Stafford Sub Aqua and Stafford Leisure Centre.

In January, Victoria's dream came true, as she got to dive with her brother for the very first time.

**Did you
know?**

We help people living with heart, kidney or liver failure, severe lung disease, multiple sclerosis (MS) and other progressive neurological conditions, as well as cancer, dementia and Parkinson's.

From day one of diagnosis,
ring our 24/7 advice line for support on
01785 270832

Charity shopping adds charm to award-winning B&B

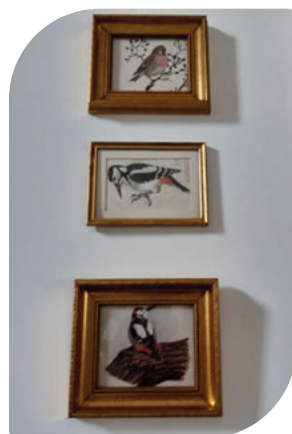
Helen and her husband, Andy, run Eagle House, a multi-award-winning bed and breakfast.

A regular at their local Eccleshall Katharine House Hospice charity shop, Helen blends her love for history and sustainability with everyday B&B life – and even her dog walks.

She visits our shop up to three times a week, accompanied by her beloved dog, Teddy, discovering hidden gems and transforming them into treasures.

These finds complement the character of Eagle House, and align with Helen and Andy's commitment to sustainability, something that has earned them several awards.

“We try to avoid buying anything new where possible, and the hospice charity shop has been a treasure trove for us.”



▲ Helen bought a book of watercolour pictures of birds and used them in old frames that she upcycled

Did you know we offer **free collection** for larger donated items? To find out more or book go to **www.khhospice.org.uk/free-furniture-collection**



▲ Helen and Teddy



▲ Pre-loved plates, goose pot and cake stand from our shop – to welcome guests with homemade treats



▲ All the bedrooms have a different home-made baby eagle created from bits and bobs bought from our shop

Having previously worked as a nurse, Helen understands the importance of our care.

“Supporting Katharine House Hospice is something I care deeply about, and I am proud to help in any small way,” she says.

Helen has transformed hundreds of items from our shop into beautiful features throughout the guest house.

By shopping and donating to our shops, you helped us raise over £1.6 million towards our care.

Find your nearest shop by visiting
www.khhospice.org.uk/shops

In the last year, thanks to your support...

Almost
2,000

patients and their families accessed our help.



Over
730

complementary therapy treatments, including aromatherapy, reflexology & reiki were carried out at home and at our Therapy & Wellbeing Centre.





**Almost
300**
people accessed
clinical and wellbeing support.

**Over
800**
attendances were recorded
at sessions such as tai
chi and relaxation.

**More than
3,750**
counselling,
bereavement sessions
and phone support were
provided to patients
and their loved
ones.

**Almost
200**
people were
cared for
as inpatients.

**Almost
10,000**
hours of care were provided
for patients and their
families in their
homes.

**More than
1,300**
home visits were made
by our palliative nurse
specialists.

**Almost
2,000**
lymphoedema
treatments were provided.



Ann's gift to us

“

Katharine House Hospice is in my will because of the help and support you provided when I needed it most. I will never, ever forget what you did for Roger and us as a family.

Because of that I will always be grateful.

Ann

Ann's husband, Roger, was 80 when he died.

“All the family were allowed to be with him at the hospice. One of his bowling friends came to see him, and we had one of the best evenings we'd had for a long time.

“Everyone was so kind and looked after Roger so beautifully and tenderly.

“I come to events at the hospice – such as the coffee morning in the Therapy & Wellbeing Centre – to show my support and appreciation.

“When I walk into the hospice it's like walking into meditation – it's so pure and has a lovely feeling.”

Care for one in four of our patients is funded by a gift left to us in a will, like Ann's.



▲ Ann sharing fond memories with June, from the hospice care team



▲ Ann and Roger on their wedding day



▲ Roger and Ann with their grandchild

Visit www.khhospice.org.uk/gifts
to find out how your will could help.

Our care

New ways to help

New services launched at our Therapy & Wellbeing Centre include seated yoga, relaxation, our Memory Café, Men's Group, and social prescribing.



▲ Seated yoga at our Therapy & Wellbeing Centre



Making moments that matter

Our staff helped arrange two wedding blessing ceremonies at our Inpatient Unit, making beautiful memories.

▲ Lynne and her family at the wedding blessing ceremony

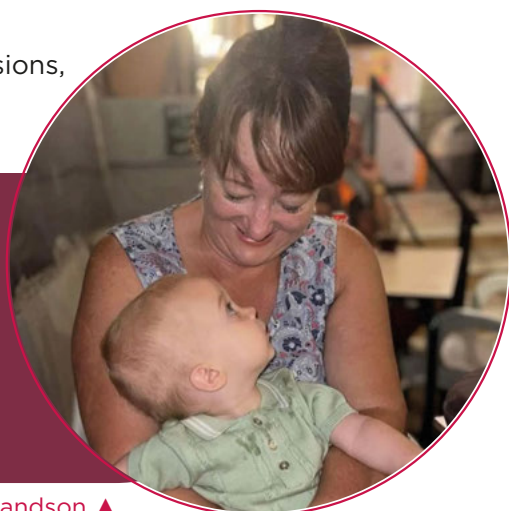
Janet's appreciation

After attending one of our support sessions, Janet was referred to our counselling service and Lymphoedema Clinic.

“

Katharine House Hospice is somewhere I can go to talk about my fears and not be judged. I have had a hard time personally and the charity and its staff have been brilliant.

Janet



Janet with her grandson ▲



Social life boost for Clare

Opera singer, Clare, was registered blind at the age of 20, is a wheelchair user – due to severe rheumatoid arthritis – and has chronic heart failure. Since attending our hospice, Clare says her social life has improved dramatically.

“

All the staff and volunteers have been very supportive, and I cannot fault them at all. They are an amazing team and I really do believe they have saved my life.

Clare



▲ Clare with her husband at our coffee morning



Did you know?

Canine companions

We welcome **all** visitors to our hospice and our shops.



35 katharine
years of care house
hospice



Walk to Remember

Join our 5k charity walk as we celebrate 35 years of care.

Saturday, 13 September 2025, 5:30 pm
Shugborough Estate ST17 OXB

Who will you walk for?

www.khhospice.org.uk/walk



Sponsored by:



01785 244400
www.millarsandy.com



Walk to Remember

Join us once again for Walk to Remember's beautiful 5k walk through the stunning Shugborough Estate to celebrate the life of someone special.

The step-free pathways mean everyone can take part. And there will also be a special display for you to make a dedication to your loved one.

✓ Free parking and facilities

✓ Accessible route

✓ Dogs welcome

**13 Sept
2025
5:30pm**

**Who
will you
walk for?**

If you would like to support us by making a donation, please complete this form and return in the FREEPOST envelope provided.

Title	First name	Surname
Address		Postcode
		Year of birth
		Tel
		Email

I would like to make a donation to support your care:

☐ £20 ☐ £35 ☐ £100 Other £

Please complete your payment details

<input type="checkbox"/> Cheque enclosed (payable to Katharine House Hospice)	<input type="checkbox"/> Credit / debit card (please debit my card using the details below)	
Cardholder's name:	Expiry date:	Security code:
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Signature:

Please return this completed form using the Freepost envelope enclosed.
You can also donate online at
www.khhospice.org.uk

Your donation is worth more to us if you Gift Aid it

☐ I want to Gift Aid my donation and any donations I make in the future or have made in the past 4 years.

I am a UK taxpayer and understand if I pay less Income Tax and / or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in the tax year it is my responsibility to pay any difference.

Please notify the charity if you: want to cancel this declaration, change your name or address, no longer pay sufficient tax on your income and/or capital gains

☐ No, I am not a UK tax payer

First name	Surname
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We will continue to contact you by post or phone where appropriate unless you ask us to stop. You can change how you hear from us by calling Fundraising on **01785 270 808** or emailing **fundraising@khhospice.org.uk**

If you are happy for us to email you then please tick here ☐ Email

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www.khhospice.org.uk

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Thank you for your support; it makes all the difference.

