

RUNNING AND CYCLING EVENTS



LONDON TO PARIS CYCLE

26 - 29TH JULY
From £99

25 MILES IN 25 DAYS

SEPTEMBER

Put on your pedometer and walk, run or hop 25 miles in 25 days to celebrate 25 years of Day Therapies!

Sign up for Free and raise ££'s

PRUDENTIAL RIDE LONDON

29TH JULY
Raise minimum £500

DO YOUR OWN THING!

Are you thinking of challenging yourself to a 5K, 10K, Half Marathon or Marathon? Or if cycling is more your thing trying Tower to Tower or a local sportive? You can help support Katharine House Hospice whatever your event, by raising valuable sponsorship. Choose your event, book your place and contact us for a free fundraising pack to get started!



WANTED

AMAZING EVENT VOLUNTEERS

Do you have a few hours to spend on a weekend, just a few times a year? Do you have lots of energy; enjoy meeting people and love having a good time? If so, we could have just the thing for you! Volunteering is varied and includes tasks such as marshalling, helping on our registration desk, setting up our marquees and selling merchandise.

Without our volunteers we could not run our fundraising events and every person who gives up their time is really valuable to us.



“

If you are even remotely thinking about volunteering at Katharine House events our advice would be don't wait until you've lost a loved one, get involved now, you get far more out than you put in.

— Rob and Rachel Collins
Event Volunteers

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If you would like to join our precious army of events volunteers, and give even just a few hours a year, please contact Andrea Pugh, Fundraising Co-ordinator on fundraising@khhospice.org.uk, or call 01785 270808 during office hours.

25 years of day therapies
katharine
house
hospice
embracing life and living since 1993

Get Involved
2018



COMMUNITY EVENTS



BRAVE THE SHAVE

Whether it be waxing, shaving, plucking or snipping – you can help raise funds in whatever way you wish, whenever you're brave enough!

BIG CUPPA

Pop the kettle on for Katharine House during the month of June! Host your own Big Cuppa at work, at home, with friends or neighbours this June and help raise vital funds. Contact us for your free fundraising pack.

SPONSORED SLIM

A sponsored slim is a great way to fundraise for the hospice while making healthy changes to your lifestyle. Every little makes a difference!



TO BOOK CALL 01785 270808 OR VISIT
WWW.KHHOSPICE.ORG.UK

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2018 EVENTS CALENDAR

MAY
6

2018 CYCLING CHALLENGE



Pedal for Pounds! Choose from 8, 20, 45 or 65 mile routes!
Prices start from £10, Kids ride FREE!

LADIES LUNCHEON

Staffordshire County Showground

With guest speaker, the artist John Myatt

£32 per ticket

MAY
17

CHALLENGE EVENTS

TREK THE SAHARA

29TH SEPT 2018 OR
16 MAR 19

This is a wonderful, liberating and very achievable challenge. The experience of living in the sand, the silence, the solitude, the heat and watching the orbiting satellites in the mesmerizing night skies will make this an unforgettable experience.



JUNE
2

NEON NIGHT FUN RUN

Beacon Sports & Fitness Centre, Weston Road, Stafford



NEW
FOR 2018
KIDDIES 1M
GLOW RUN

Dig out your glow sticks, pull on your neon leg warmers and light up the night skies of Stafford as you run, hop, skip or walk 4 miles in memory of those we love.

From £20 per adult, £5 per child



SUMMIT KILIMANJARO

16 JAN 2019

An iconic and most exhilarating challenge taking you to the ice-capped roof of Africa to witness the sun rising across the curvature of the world.



SKYDIVE ANY DATE TO SUIT YOU!

A fundraising thrill like no other! If you've always had a burning ambition to soar through the clouds then we can help you get there!

WALK THE GREAT WALL OF CHINA

6 OCT 2018 OR
13 APRIL 2019

Experience thousands of years of history on the Great Wall as it forges its relentless, undulating and seemingly endless path through China.



SWING FORE KATHARINE

Mixed 4 ball golf day at the stunning Brocton Hall Golf Club

From £40 per person

JUNE
21



10K+5K FAMILY FUN RUN

Shugborough Estate

A perfect event to test your fitness goals. Choose 5k or 10k and keep Katharine House Running.

From £12 per adult £5 per Child

OCT
7

STRICTLY STAFFORD

Staffordshire County Showground
An evening of toe-tapping glamour!
Watch 12 local people compete for the glitter ball trophy.

From £20 per ticket

NOV
23



WINTER WALK

Marquis Drive, Cannock Chase

Get the family together for a festive 4 mile walk on the beautiful Cannock Chase.

From £10 per adult – Kids walk free

DEC
2



REGISTER NOW AT WWW.KHHOSPICE.ORG.UK OR CALL 01785 270808

EMAIL: fundraising@khhospice.org.uk



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House Hospice, Stafford