

Roll of Honour 06/07

Our thanks to the following companies for their support:

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Bostons of Milford	Moat House, Acton Trussell	The Angel House
Capio Rowley Hospital	Natwest	The Lewis Partnership
Francesco Group, Stone	ORJ Solicitors	Tillington Hall Hotel
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Our thanks to the following charitable trusts and foundations:

The Albert Hunt Trust	The Lynn Foundation	Staffordshire County Council
Baron Davenports Charity	The N Smith Charitable Settlement	Stone Festival
The Blakemore Foundation	The Paget Trust	The Strasser Foundation
The Childwick Trust	Paycare Charity Trust	Susan Hall Charitable Trust
The Clarke Charitable Settlement	Peter De Haan Charitable Trust	Uttoxeter Town Council
The Garfield Weston Foundation	Provincial Grand Chapter Benevolent Fund	The W. E. D. Charitable Trust
The Harding Trust	Queen Elizabeth Grant	The Wilfred & Elsie Elkes Charity
The Harold Smith Charitable Trust	R S Brownless Charitable Trust	
The Hedley Foundation	Sir John Sumner's Trust	
Hednesford Town Council	The St James's Place Foundation	
Hospice Aid UK	Stafford & District Round Table	
The Kate Wilson Oliver Trust	Stafford Borough Council	
Lichfield Charitable Trust		

Thank you also to those trusts who wish to remain anonymous.

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house
hospice 
embracing life and living

Annual Review 2006/2007

Hutsby Mees is delighted to be sponsoring the Annual Review again this year. This is part of an ongoing partnership that Hutsby Mees and the Hospice share.

The practice, have been happy to sponsor the Bucks Fizz Reception at the Ladies Luncheon for past three years. We were also pleased to continue this association with the Hospice when we sponsored the Annual Review 2005/06.

We are delighted to support such a worthy local cause. Katharine House Hospice reaches out to so many local families and we are proud to assist them with this.

Rachel Greaves
Practice Manager

HUTSBY MEES
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Recently released figures from Help the Hospices indicate that government funding to adult hospices in England has dropped once again. This latest decrease in funding continues a worrying 3 year downward trend. Statutory funding received by Katharine House Hospice has now fallen to an all time low of 12.5%.

"The costs of caring however continue to rise and despite the efforts of the income generation teams falling levels of statutory funding threaten our financial position."

The same report also states that 28% of Hospices have reported deficits in the past financial year, a percentage that Katharine House Hospice forms a part of. Despite the continued success of the income generation teams, we have to report an operating deficit. This is frustrating given the continued increase in demand for our services.

The in-patient unit, day services and Lymphoedema service all recorded their highest ever levels of activity. Services that complement existing services are also continually being developed at no extra cost to improve the level of support offered to our patients and their families.

The Retail Team has had a bumper year with both stock donation and turnover on the increase. The Lottery Team has entered into a partnership with Walsall Hospice which has seen an increase in membership and the fundraising team have exceeded its budgeted targets and continue to build on their successes.

The costs of caring however continue to rise and despite the efforts of the income generation teams falling levels of statutory funding threaten our financial position. However this occurrence has been foreseen and plans are in place to try to increase income and achieve a stable and sustainable financial position.

Dr John Gibson
Chairman



Retired Serviceman David Thomas was referred to Day Services when he came along to a drop-in session. Although David had volunteered for the Hospice in the past he admits he was apprehensive during his first visit.

David, who copes daily with the challenges of both lung cancer and emphysema, soon overcame his misapprehensions. He is a popular and active member of the Day Services community and gets involved in all aspects of the service including their annual fundraiser Tea at Three.

"David, who copes daily with the challenges of both lung cancer and emphysema, soon overcame his misapprehensions."

As well as accessing Day Services regularly David occasionally takes advantage of the respite care available to him on the in-patient unit. This gives the opportunity for the care team to monitor David's condition and put in place symptom control measures and administer pain relief.

David says, "Spending time in the in-patient unit also gives my daughter and carer the peace of mind to take a couple of weeks holiday abroad."

Linda Heath was diagnosed with Motor Neurone Disease in 2005 aged just fifty. A referral from her District Nurse gave her access to the Hospice.

Initially Linda decided to use the services available to her in the day care unit such as the opportunity for a good long soak in the bath and the soothing distraction of complementary therapies.

One to one support was also available within the professional nursing and medical environment at the Hospice. In addition to attending Day Care sessions Linda often came in to the In-Patient Unit for periods of planned respite which enabled both her and her daughter Catherine to have a break.

"Linda enjoyed her time on the unit where in her own words, 'nothing is too much trouble'"

Linda enjoyed her time on the unit where in her own words, 'nothing is too much trouble' and advised those in a similar situation to herself 'if you get the chance, give the Hospice a go.'

Linda Heath passed away peacefully at Katharine House Hospice in April 2007 and we would like to thank her family for continuing to allow us to share her story.





Pictured Lymphoedema
Nurse Elaine Basgallop

Use of the Lymphoedema Service has increased by a staggering 35%. Lymphoedema is a term used to describe swelling that can occur anywhere in the body, but most commonly affects the limbs. Lymphoedema can occur following treatment for cancer such as surgery and radiotherapy. 95% of the Lymphoedema patients at Katharine House Hospice have the condition as a result of cancer treatments.

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a result of cancer treatments."*

Our specially trained Lymphoedema Nurses have a steady stream of patients who come to the Hospice for treatment which aims to alleviate the swelling. The nurses also offer specialist skincare advice which can make the condition easier to cope with and supply and fit specialised compression hosiery which also helps to reduce swelling.



Katharine House Hospice prides itself on the range of services it offers free of charge to patients and their families. In addition to the day services, In-Patient Unit and Lymphoedema Clinic there is a range of other supportive assistance that patients and their families can access here at the Hospice.

The Carers' Group was established in 2005 and provides an environment where carers of patients can seek specialist advice, support and a break from caring. The group meets every other week in the Day Care Unit at the Hospice.

Respite for Carers is also an embryonic service that enables carers to attend the group. The Hospice arranges for a trained Health Care Assistant to sit with the patient and maintain their

care whilst the carer attends the group. Sits can be arranged at other times to provide respite for both the carer and the patient.

Thursday is drop-in day at the Hospice and gives people the opportunity to find out about the Hospice's services without a referral from a health care professional. Drop-in day has grown and grown in popularity and always proves to be a busy day.

The Hospice also provides bereavement support for families. Our Bereavement Co-ordinator achieved an Msc in Counselling Psychology this year. She heads up a team of specially trained volunteers that deliver bereavement support to the families of former patients. The Hospice Chaplain also holds a monthly memorial service for bereaved families.

In the past year our financial position has worsened with statutory funding representing just 12.5% of our annual income. The cost of care has also risen and it fell to our income generation teams, fundraising: lottery and retail, to try to raise the resultant shortfall.

The Hospice continues to receive a healthy level of support from the community it serves and we would like to convey our thanks, on behalf of our patients and their families, to the people of Mid-Staffordshire. This support is vital to the survival of the Hospice and is very much appreciated.

There are plenty of ways for the public to support the Hospice be it attending an event, donating items for sale in our shops or becoming a lottery player.

Valuable support also comes in the form of a gift left in a will. Legacies are the most important building blocks for the future and we are hugely grateful to the following individuals for their generous support this year.

Ella King
Arthur Samson Ellis

Picture courtesy of the Express and Star



Pictured our Retail Manager, Lottery Manager and Head of Fundraising

The Voluntary Services Department has been undergoing a time of change. A new member of staff has been appointed following the retirement of the Voluntary Services Co-ordinator after 14 loyal years of service. The department continues to be very busy with over 250 volunteers helping in and around the Hospice and 150 volunteers ensuring the smooth running of the hospice shops.



The volunteer workforce remains integral to the success of the Hospice. Volunteers with many different interests give their time freely and fulfil a huge range of roles. Regular induction sessions bring forth new volunteers to compliment the existing workforce.

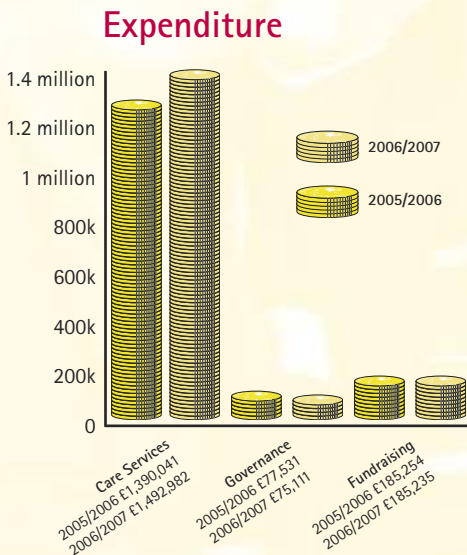
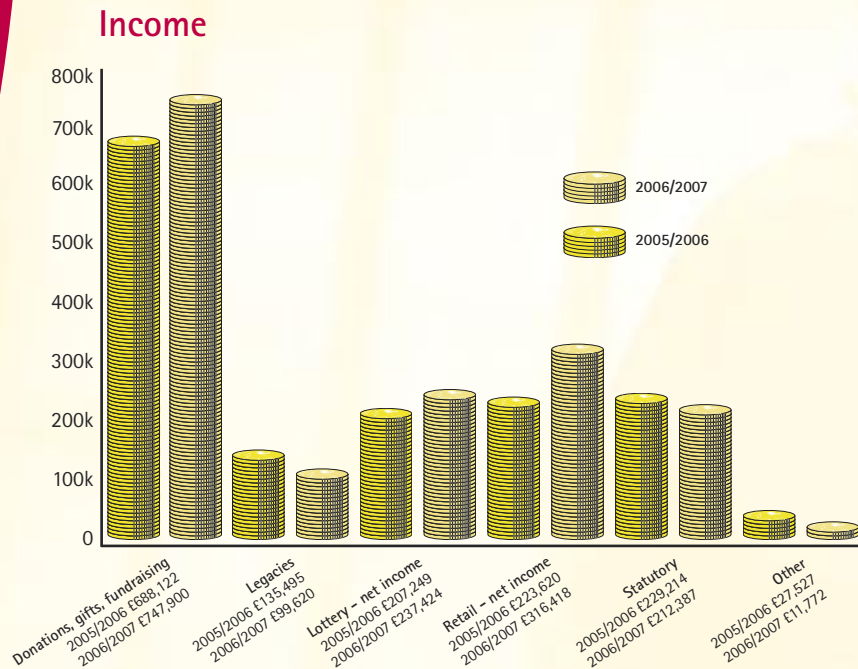
Recruitment is an ongoing process and applications are always welcomed. All volunteers receive a quality induction programme, ongoing support and training provided whenever it is required.



Pictured reception volunteers

In the past year costs have risen by £100,502 to £1,753,328. This has resulted in a shortfall between income and expenditure. Currently we have adequate reserves to absorb this shortfall.

The trustees policy is to build unrestricted reserves of twelve months operating costs, currently our free reserves are £706,666. Our statutory income has fallen to just 12.5% of our running costs and we continue to rely heavily on donations.



In the past year we have continued to develop and deliver our care services free of charge to our patients and their families. The cost of care continues to rise whilst the amount of statutory funding has actually decreased and this year it has reached an all time low of 12.5% of costs. Whilst we are reporting a deficit this has not been unforeseen, and a range of measures have been put into place to close this gap:

"We will continue to meet with the Primary Care Trust and discuss the inequitable level of funding we receive in comparison with other Hospices in the region."

The Fundraising Team has engaged an additional Fundraiser on a short term contract to take forward fresh ideas. If successful a full time position will be created to exploit these new avenues.

The Retail Team has recently unveiled ambitious new plans to maximise the income that they can attain from selling on textiles unsuitable for sale in the shops. They are currently in the process of seeking a warehouse to run the operation from.

The Lottery Team has spotted an opportunity to increase membership of the lottery by teaming up with Walsall Hospice. They are currently canvassing for new players in a new area which will reduce the Lottery's overheads resulting in an increase in income for Katharine House.

We will continue to meet with the Primary Care Trust and discuss the inequitable level of funding we receive in comparison with other Hospices in the region.

We would not be able to continue to offer our range of care services free of charge without the support of the community we serve. As an independent, local charity we rely heavily on both the support of our 400 strong volunteer workforce and the financial support of our local community which enables us to continue to care for our patients and their families.

Sincere thanks to everyone who offers their support in whatever form.

Richard Soulsby
Chief Executive

