



## Patient Story



"Christina Smith was a breast cancer sufferer for a number of years, the cancer became aggressive over 2009 and from then on she spent a lot of time at Katharine House Hospice - spending her birthday, her daughter's birthday and her wedding anniversary as an in-patient at Katharine House.



Christina and Peter Smith

Christina's husband Peter Smith says "The care Christina received was second to none. My daughters and I literally lived at the hospice for a fortnight while she was very ill and Katharine House Hospice nurses helped Christina with Pain relief and explained everything that was going on. The team gave us the support to carry on with our lives whilst Christina was in their care"

The care that Katharine House Hospice provides to local people like Christina helps them to come to terms with their illness. The care extends to support families caring for a loved one or coping with the pain of bereavement.

Peter says "We know as a family Katharine House is there for us if we need support"

## Light Up A Life 2010

Katharine House Hospice has recently launched its Light up a Life appeal. Members of the community dedicate lights on our Christmas tree and make donations to celebrate the life of someone special. Last year lights shone in memory of loved ones, for world war veterans and new born babies.

Why not do something similar with your school Christmas tree? The pupils and parents could dedicate lights or make decorations to put on the tree to celebrate the life of someone special to them and raise valuable funds for local people this Christmas. The Christmas tree lights at Katharine House Hospice will be switched on in a special ceremony on the 12th December at 5.00pm.



## Other ways to help.....

### Fantastic Fundraising!

The pupils and staff at Blessed William Howard High School raised a fantastic £500 for Katharine House Hospice at the beginning of the year. Teacher Amy Clinton contacted Katharine House Hospice to be involved in a citizenship day held on the 19th March 2010. Amy says "we wanted to give pupils an example of the role of charities locally and what they do to help our community, pupils also started thinking about fundraising in general and start to investigate their own motivation for giving" This day was a huge success and great fun and vital funds were raised for Katharine House through various activities held on the day including through non uniform.



## The Mile Fun Run

On 21 March 2010 Stafford Town Centre was descended on by 800 fun runners including fairies, superheroes, bananas and even a teapot!

The Mile Fun Run will take place next year on 20 March 2011 so keep active and look out for details in the new year at [www.staffordbc.gov.uk](http://www.staffordbc.gov.uk). If your pupils would like to run and raise funds for Katharine House Hospice please let us know by calling the Fundraising Team on 01785 270808.



## Support one of our events.....

Every year we have a wide range of events, there is something for everyone; here are a few of our events coming soon.....

- Winter Walk - 5th December 2010
- Light up a Life Service - 12th December 2010
- Endurance Challenge - 20th February 2011
- Grown Up School Disco - 5th March 2011

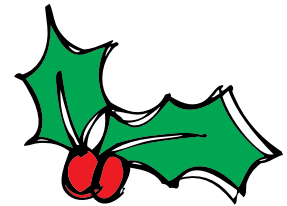


For any more information, help, ideas or to arrange a visit please call Amy Johnson on 01785 270808 or email [ajohnson@khospice.org.uk](mailto:ajohnson@khospice.org.uk)

Thank you for your support, your help will make a real difference to the lives of local people.



# Schools Christmas Bulletin 2010



## Katharine House At Home launches

On September the 13th Katharine House Hospice launched Katharine House At Home. This new At Home service represents a major landmark for the hospice providing a real choice of care for those affected by progressive illnesses. The service fulfils a need for care in a patients home – providing support and choice for patients, their carers and their families in our community. A team of healthcare assistants provide care with visits that can last from one hour to 24 hours – with a service that runs 24 hours a day 7 days a week.



What the At Home team will do is enable us to provide support to a significant number of patients and their families. The purpose of the team is to enable people to remain at home or to return home as they near the terminal phase of their illness. The care will be provided both to patients in their last hours and to patients who simply need interim care services before other providers are able to step in. The service will be geared to assisting people to remain in their own homes and supporting people to return home from hospital and hospices.



### At Home Team

Tasks that At Home healthcare assistants can provide include:


- Personal care
- Pressure area care, including small dressings
- Toileting
- Family support, including shopping
- Light meals and beverages
- Monitor and check syringe drivers
- Prompt the patient to take their medication
- Simple massage
- Providing information

This service is provided for local people, by local people and in order to sustain this service we need the support of local people including local schools. If you feel that your school could do anything to help to raise money or if you would like more information on any of the services provided by Katharine House Hospice, please contact **Amy Johnson** on **01785 270808** or email **ajohnson@khospice.org.uk**

The At Home service provides care for people in their own homes in Stafford, Cannock and surrounding areas.



### What your money will do

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|  | <p>£160 8 hours of care in a person's own home</p> <p>£150 Fully equipped rucksack for HCA</p> <p>£100 Set of Slide sheets (for moving a patient in bed)</p> <p>£10 A map book</p> <p>£8.40 Inco pads (pack of 28)</p> <p>£6.85 Roll of aprons (200)</p> <p>£5 Diary</p> <p>£4.87 Box of gloves (100)</p> |
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All these services are free and it costs £2.5 million a year to provide them. The hospice needs to rely upon people like you to raise nearly all of this.

All of our services are provided free of charge.